

**LANGLEY HALF MARATHON 2009 --- MALE AGE GROUP --- PROVISIONAL RESULTS**

| <b>First</b> | <b>Last</b> | <b>Time</b> | <b>Bib</b> | <b>Gender</b> | <b>Age</b> | <b>Time</b> | <b>Age Group</b> | <b>AG Place</b> | <b>Pace/mi</b> | <b>Pace/km</b> |
|--------------|-------------|-------------|------------|---------------|------------|-------------|------------------|-----------------|----------------|----------------|
| Derek        | Avery       | 1:34:32     | 343        | M             | 14         | 1:34:32     | M 19 and under   | 1               | 0:07:13        | 0:04:29        |
| Miles        | Erickson    | 1:56:08     | 145        | M             | 17         | 1:56:08     | M 19 and under   | 2               | 0:08:52        | 0:05:30        |
| TJ           | Russell     | 1:58:32     | 395        | M             | 16         | 1:58:32     | M 19 and under   | 3               | 0:09:02        | 0:05:37        |
| David        | Larkin      | 2:05:25     | 95         | M             | 14         | 2:05:25     | M 19 and under   | 4               | 0:09:34        | 0:05:56        |
| Zack         | McCone      | 2:38:53     | 108        | M             | 17         | 2:38:53     | M 19 and under   | 5               | 0:12:07        | 0:07:31        |
| Felix        | Braendli    | 1:25:27     | 105        | M             | 23         | 1:25:27     | M 20-24          | 1               | 0:06:31        | 0:04:03        |
| Jon          | Vaux        | 1:39:41     | 178        | M             | 24         | 1:39:41     | M 20-24          | 2               | 0:07:36        | 0:04:43        |
| Brandon      | Napier      | 1:47:11     | 142        | M             | 24         | 1:47:11     | M 20-24          | 3               | 0:08:11        | 0:05:04        |
| Louis        | Kelley      | 2:01:51     | 92         | M             | 21         | 2:01:51     | M 20-24          | 4               | 0:09:18        | 0:05:46        |
| Malcolm      | Clement     | 2:02:22     | 198        | M             | 22         | 2:02:22     | M 20-24          | 5               | 0:09:20        | 0:05:48        |
| Luke         | Montzingo   | 2:08:49     | 188        | M             | 22         | 2:08:49     | M 20-24          | 6               | 0:09:50        | 0:06:06        |
| Taylor       | Clark       | 2:11:00     | 87         | M             | 23         | 2:11:00     | M 20-24          | 7               | 0:10:00        | 0:06:12        |
| Nicholas     | Steele      | 1:31:06     | 139        | M             | 25         | 1:31:06     | M 25-29          | 1               | 0:06:57        | 0:04:19        |
| Brendan      | Coughlin    | 1:35:39     | 63         | M             | 29         | 1:35:39     | M 25-29          | 2               | 0:07:18        | 0:04:32        |
| Erik         | Tuvey       | 1:37:10     | 65         | M             | 29         | 1:37:10     | M 25-29          | 3               | 0:07:25        | 0:04:36        |
| Ryan         | Paxton      | 1:56:57     | 126        | M             | 25         | 1:56:57     | M 25-29          | 4               | 0:08:55        | 0:05:32        |
| Josh         | Takano      | 1:57:20     | 164        | M             | 28         | 1:57:20     | M 25-29          | 5               | 0:08:57        | 0:05:33        |
| Gabe         | Russell     | 2:00:04     | 149        | M             | 26         | 2:00:04     | M 25-29          | 6               | 0:09:10        | 0:05:41        |
| Jacob        | Sultan      | 2:04:18     | 394        | M             | 27         | 2:04:18     | M 25-29          | 7               | 0:09:29        | 0:05:53        |
| Chris        | Takano      | 2:06:35     | 201        | M             | 25         | 2:06:35     | M 25-29          | 8               | 0:09:39        | 0:06:00        |
| Brandon      | Lusk        | 2:18:13     | 73         | M             | 27         | 2:18:13     | M 25-29          | 9               | 0:10:33        | 0:06:33        |
| Paul         | Ringsrud    | 1:34:34     | 31         | M             | 33         | 1:34:34     | M 30-34          | 1               | 0:07:13        | 0:04:29        |
| Geoff        | Derry       | 1:46:05     | 227        | M             | 33         | 1:46:05     | M 30-34          | 2               | 0:08:06        | 0:05:01        |
| Trevor       | Varnes      | 1:47:30     | 61         | M             | 33         | 1:47:30     | M 30-34          | 3               | 0:08:12        | 0:05:05        |
| Stephen      | Gangl       | 1:51:19     | 90         | M             | 32         | 1:51:19     | M 30-34          | 4               | 0:08:29        | 0:05:16        |
| Terrill      | Bailie      | 0:59:58     | 111        | M             | 31         | 1:58:49     | M 30-34          | 6               | 0:09:04        | 0:05:38        |
| Matthew      | Gendron     | 2:12:26     | 71         | M             | 30         | 2:12:26     | M 30-34          | 6               | 0:10:06        | 0:06:16        |
| Mike         | Kleckner    | 2:19:10     | 124        | M             | 32         | 2:19:10     | M 30-34          | 7               | 0:10:37        | 0:06:35        |
| John         | Croswell    | 2:58:10     | 168        | M             | 34         | 2:58:10     | M 30-34          | 8               | 0:13:35        | 0:08:26        |
| Jeromy       | Waddell     | 1:23:39     | 57         | M             | 36         | 1:23:39     | M 35-39          | 1               | 0:06:23        | 0:03:58        |
| Mark         | Cook        | 1:31:34     | 24         | M             | 36         | 1:31:34     | M 35-39          | 2               | 0:06:59        | 0:04:20        |
| Jason        | Ireland     | 1:36:43     | 99         | M             | 36         | 1:36:43     | M 35-39          | 3               | 0:07:23        | 0:04:35        |

| First   | Last        | Time    | Bib | Gender | Age | Time    | Age Group | AG Place | Pace/mi | Pace/km |
|---------|-------------|---------|-----|--------|-----|---------|-----------|----------|---------|---------|
| Casey   | Jones       | 1:44:57 | 42  | M      | 37  | 1:44:57 | M 35-39   | 4        | 0:08:00 | 0:04:58 |
| Kong    | Cheung      | 1:50:25 | 193 | M      | 37  | 1:50:25 | M 35-39   | 5        | 0:08:25 | 0:05:14 |
| Matthew | Christensen | 1:52:14 | 159 | M      | 37  | 1:52:14 | M 35-39   | 6        | 0:08:34 | 0:05:19 |
| David   | Julian      | 2:16:44 | 224 | M      | 37  | 2:16:44 | M 35-39   | 7        | 0:10:26 | 0:06:28 |
| Arnie   | Sturham     | 2:26:20 | 128 | M      | 38  | 2:26:20 | M 35-39   | 8        | 0:11:10 | 0:06:56 |
| Ben     | Clark       | 1:35:43 | 176 | M      | 44  | 1:35:43 | M 40-44   | 1        | 0:07:18 | 0:04:32 |
| Stephen | Moscovich   | 1:42:50 | 174 | M      | 43  | 1:42:50 | M 40-44   | 2        | 0:07:51 | 0:04:52 |
| Chris   | Erickson    | 1:49:01 | 132 | M      | 43  | 1:49:01 | M 40-44   | 3        | 0:08:19 | 0:05:10 |
| Donald  | Heggenes    | 1:50:00 | 155 | M      | 42  | 1:50:00 | M 40-44   | 4        | 0:08:23 | 0:05:13 |
| Tony    | Molina      | 1:52:07 | 233 | M      | 41  | 1:52:07 | M 40-44   | 5        | 0:08:33 | 0:05:19 |
| Chris   | DeForest    | 2:08:39 | 35  | M      | 42  | 2:08:39 | M 40-44   | 6        | 0:09:49 | 0:06:05 |
| Bill    | Cusworth    | 2:13:59 | 215 | M      | 41  | 2:13:59 | M 40-44   | 7        | 0:10:13 | 0:06:21 |
| Oren    | Lewin       | 2:18:55 | 28  | M      | 40  | 2:18:55 | M 40-44   | 8        | 0:10:36 | 0:06:35 |
| Micheal | McKee       | 2:59:42 | 231 | M      | 41  | 2:59:42 | M 40-44   | 9        | 0:13:42 | 0:08:31 |
| Frank   | Jacques     | 1:23:23 | 1   | M      | 47  | 1:23:23 | M 45-49   | 1        | 0:06:22 | 0:03:57 |
| Peter   | Oakley      | 1:24:37 | 150 | M      | 47  | 1:24:37 | M 45-49   | 2        | 0:06:27 | 0:04:00 |
| Steven  | Yee         | 1:37:22 | 184 | M      | 49  | 1:37:22 | M 45-49   | 3        | 0:07:26 | 0:04:37 |
| Walter  | Van Selow   | 1:59:00 | 213 | M      | 46  | 1:59:00 | M 45-49   | 4        | 0:09:05 | 0:05:38 |
| Paul    | Hoffmann    | 2:06:40 | 157 | M      | 47  | 2:06:40 | M 45-49   | 5        | 0:09:40 | 0:06:00 |
| Dean    | Montzingo   | 2:08:49 | 187 | M      | 48  | 2:08:49 | M 45-49   | 6        | 0:09:50 | 0:06:06 |
| Rodney  | Langer      | 2:27:57 | 222 | M      | 45  | 2:27:57 | M 45-49   | 7        | 0:11:17 | 0:07:00 |
| William | Haldeman    | 1:31:00 | 84  | M      | 51  | 1:31:00 | M 50-54   | 1        | 0:06:56 | 0:04:19 |
| Curt    | Gordon      | 1:31:57 | 5   | M      | 52  | 1:31:57 | M 50-54   | 2        | 0:07:01 | 0:04:21 |
| Robert  | Brown       | 1:38:13 | 114 | M      | 51  | 1:38:13 | M 50-54   | 3        | 0:07:30 | 0:04:39 |
| Jim     | Kopkowski   | 1:40:28 | 397 | M      | 50  | 1:40:28 | M 50-54   | 4        | 0:07:40 | 0:04:45 |
| Brian   | Avery       | 1:43:19 | 344 | M      | 51  | 1:43:19 | M 50-54   | 5        | 0:07:53 | 0:04:54 |
| Bob     | Ryburn      | 1:45:46 | 217 | M      | 50  | 1:45:46 | M 50-54   | 6        | 0:08:04 | 0:05:00 |
| Gilman  | Low         | 1:51:18 | 228 | M      | 53  | 1:51:18 | M 50-54   | 7        | 0:08:29 | 0:05:16 |
| Peter   | Nehring     | 1:53:34 | 399 | M      | 53  | 1:53:34 | M 50-54   | 8        | 0:08:40 | 0:05:23 |
| Patrick | Flaherty    | 1:56:29 | 120 | M      | 51  | 1:56:29 | M 50-54   | 9        | 0:08:53 | 0:05:31 |
| Mark    | Ryne        | 2:00:51 | 88  | M      | 54  | 2:00:51 | M 50-54   | 10       | 0:09:13 | 0:05:43 |
| Bruce   | Clement     | 2:02:21 | 197 | M      | 51  | 2:02:21 | M 50-54   | 11       | 0:09:20 | 0:05:48 |
| Mark    | Langley     | 2:07:28 | 209 | M      | 50  | 2:07:28 | M 50-54   | 12       | 0:09:43 | 0:06:02 |

| First   | Last      | Time    | Bib | Gender | Age | Time    | Age Group     | AG Place | Pace/mi | Pace/km |
|---------|-----------|---------|-----|--------|-----|---------|---------------|----------|---------|---------|
| Dan     | DeMellier | 2:07:59 | 41  | M      | 51  | 2:07:59 | M 50-54       | 13       | 0:09:46 | 0:06:04 |
| Erin    | Furey     | 1:38:42 | 79  | M      | 57  | 1:38:42 | M 55-59       | 1        | 0:07:32 | 0:04:40 |
| Fran    | Einterz   | 1:42:02 | 238 | M      | 56  | 1:42:02 | M 55-59       | 2        | 0:07:47 | 0:04:50 |
| Eugene  | Partridge | 1:45:25 | 172 | M      | 58  | 1:45:25 | M 55-59       | 3        | 0:08:02 | 0:04:59 |
| G       | Koski     | 1:53:58 | 331 | M      | 56  | 1:53:58 | M 55-59       | 4        | 0:08:42 | 0:05:24 |
| mike    | middleton | 1:58:00 | 98  | M      | 56  | 1:58:00 | M 55-59       | 5        | 0:09:00 | 0:05:35 |
| Gene    | Felton    | 1:58:39 | 300 | M      | 57  | 1:58:39 | M 55-59       | 6        | 0:09:03 | 0:05:37 |
| Wil     | Balla     | 2:01:10 | 204 | M      | 55  | 2:01:10 | M 55-59       | 7        | 0:09:15 | 0:05:44 |
| Pete    | Sekac     | 2:04:39 | 396 | M      | 55  | 2:04:39 | M 55-59       | 8        | 0:09:30 | 0:05:54 |
| Jim     | Brynteson | 2:06:55 | 146 | M      | 55  | 2:06:55 | M 55-59       | 9        | 0:09:41 | 0:06:01 |
| Gary    | Crabtree  | 1:16:50 | 147 | M      | 58  | 2:15:41 | M 55-59       | 10       | 0:10:21 | 0:06:25 |
| Ross    | Godwin    | 2:16:57 | 230 | M      | 57  | 2:16:57 | M 55-59       | 11       | 0:10:27 | 0:06:29 |
| Daniel  | Lowe      | 2:18:50 | 121 | M      | 55  | 2:18:50 | M 55-59       | 12       | 0:10:35 | 0:06:34 |
| Michael | Munier    | 2:21:47 | 86  | M      | 59  | 2:21:47 | M 55-59       | 13       | 0:10:49 | 0:06:43 |
| Pat     | Thrall    | 2:32:08 | 44  | M      | 59  | 2:32:08 | M 55-59       | 14       | 0:11:36 | 0:07:12 |
| James   | Caesar    | 1:41:42 | 68  | M      | 63  | 1:41:42 | M 60-64       | 1        | 0:07:45 | 0:04:49 |
| Mike    | Daly      | 2:08:12 | 22  | M      | 62  | 2:08:12 | M 60-64       | 2        | 0:09:47 | 0:06:04 |
| Glenn   | Jolley    | 2:29:03 | 221 | M      | 66  | 2:29:03 | M 65-69       | 1        | 0:11:22 | 0:07:03 |
| John    | Alsip     | 2:13:01 | 226 | M      | 71  | 3:11:52 | M 70 and over | 1        | 0:14:38 | 0:09:05 |